

RYAN REDWOOD

Special Action Performer

Experience

Medical Evaluation | Casualty Actor | Casualty Resources

I simulate complex medical ailments such as amputations and traumatic injuries in 'real world' conditions. I am used for training and assessment on medical courses, adapting dynamically to the Clients requirements.

This has included performing for camera to record training materials. Clients include Public Services, Military (*Domestic & International*) and relevant associated specialists.

2023 - Current

In Production | Lead Police Officer | Currently Withheld (2026)

This role included hit reactions to camera for unarmed strikes, realistic control of a resisting subject, grappling with holds and handcuffing.

This included speaking, 'ad-libbing' Policing phrases and wild tracks for radio chatter. I advised on some of the Police role lines and actions.

Helix Tech R&D Lab | Fight & Firearms Performer | Future In Film (2026)

For this I choreographed with a group and partook in a battle scene with 20 other fighters, using two and one handed melee weapons.

I choreographed and performed in a firearms sequence with 12 other performers in a Close Quarter Battle scene simulating the clearing of a building.

Qualifications

BADC Stage Combat Course - Standard (*Rapier, Dagger, Unarmed*)

The British Academy of Dramatic Combat - 2025

Theatrical Firearms Safety Course (*TFSC*) Level 1

Bare Arms - 2026

Open Water Scuba Diver

PADI Diving Association - 2026

Police Constable - Frontline & Specialist Roles

Metropolitan Police Service - 2015 to 2025

BSc (Hons) Criminology 2:1

Kingston University, UK & GVSU, Michigan, US - 2015

Drama & Theatre Studies (A Level)

Palmers College - 2011

Training

Paralympic Pathway Project – Air Pistol

British Shooting - 2025 to Ongoing

Action Fundamentals

True Edge & Exsilium Firearms Safety & Tactics - 2026

Stunt Coordinator Master Class

True Edge supported by Ian Pead - 2026

Combat Improvisation

The British Academy of Dramatic Combat - 2025

Creature Movement & Intro to Motion Capture

Creature Bionics - 2025

Additional details on the contents of this résumé are available upon request.



✉ RedwoodPerforms@gmail.com

🌐 Backstage - Ryan Redwood

📷 @onelegstunts

Height: 5'10" Eye Colour: Blue
Weight: 180lbs (80kg) Hair: Brown
Tone: Caucasian, Fair Facial Hair: Ginger

Features: Amputee (*left leg, through knee*)
Surgical Scar (*torso right side, armpit to hip*)
Surgical Scar (*right leg, inside calf length*)

Specialist Skills

Foundation Level

Archery | Karate | Motion
Capture | Parkour | Stunts

Novice Level

Falls | Improvisation | Ju-Jitsu
Quadrupedal Arm Extensions
Scuba Diving | Sword Fighting
Reactions (*Melee, Gunshot*)

Intermediate Level

Firearms Long & Short Barrel
Firearms Safety | CQB Tactics
Tactical Communications
Reactions (*Medical Simulation*)

Specialist Knowledge

Consulting (*Policing*)
Control & Restraint Methods
Law Enforcement Strategy (*UK*)
Police Policy & Procedures (*UK*)
Portraying Police Roles & Rank
Unarmed Tactics & PPE Usage

Achievements

Jack Petchey Leader Award (2024)

NVQ Equality & Diversity Level 2

Public Speaker Regional Finalist

Vocational British Sign Language

Arabic Level 1 (2012)

Duke of Edinburgh Bronze