

Adwoa Brown

British Stunt Register Trainee

Address: 10 Lockington Road, Waltham Cross, Waltham Cross, Middlesex, HA11 1W

Mobile: 07709142594 **Email:** adwoabbrown@gmail.com

Height: 5ft 8" **Bust:** 34B **Waist:** 25" **Hips:** 32" **Dress:** 6 UK **Shoes:** 6/39

Hair: Dark Brown **Weight:** 8st **Inside leg:** 33" **Inside arm:** 20" **Head:** 21"



Personal Statement: I am team-spirited and keen to learn whilst being able to take direction. I embrace new challenges whilst executing on a production as an asset within any team. I am confident I have great potential within the industry I strive to train hard and gain experience from industry experts. Had I known about the BSR earlier I would have started my journey a decade ago. Fortunately I have stayed fit and maintained a disciplined physique and that is why I was spotted by a Stunt co-ordinator on set who recommended me to the BSR and enlightened me to the initial process. It has been a long and emotional journey just getting my first discipline over the line due to injury however it has also showed my dedication, respect for the BSR and my inner resilience. I still maintain regular kickboxing sessions and have included BJJ to give me body awareness and movement on the floor and to push myself in new forms of martial arts and screen combat.

Skills/ qualifications: Athletics/Fitness, Kick/Boxing, Jiujitsu (basics), Dance, Horse riding, Swimming, Level 3 Personal Trainer. BA Hons 2:1- English Language with Drama. First Aid level 3. Mental Health First Aid.

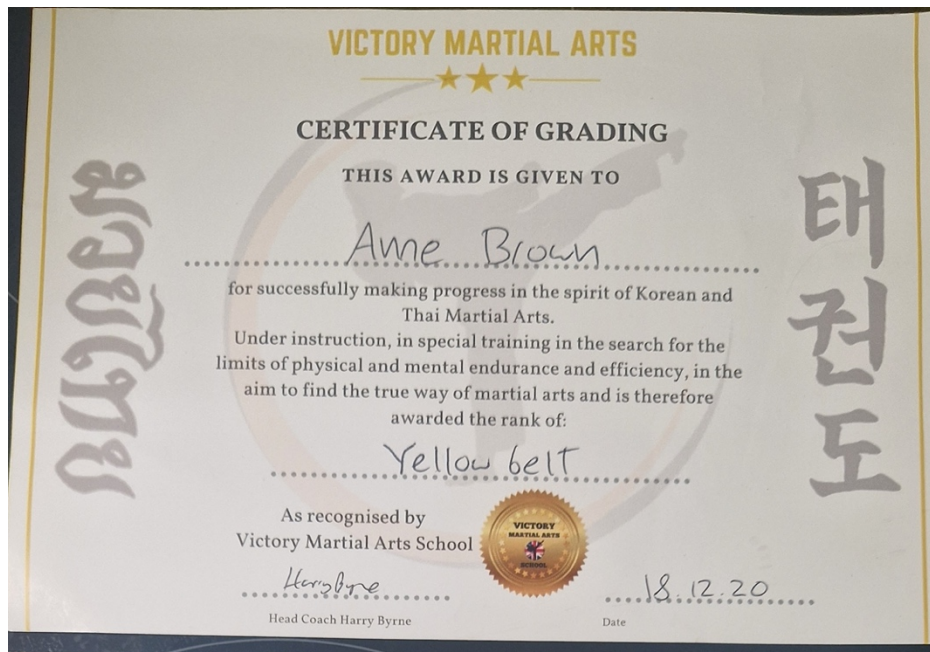
BSR Discipline completed: Group A Fighting: Martial Arts- Kickboxing

Premier Kickboxing, 19 Pinner Rd, HA1 4HX. Coach Ian B and Master Foran 0203 490 6440

Victory MMA, Wembley Park, HA9 OAT coach/owner Harry Byrne 0203 719 5963

Fight skills/Martial arts video links:

<https://youtu.be/n03kNH0oLWY?si=QMf4DS9qfmawniUf>



VICTORY MARTIAL ARTS



CERTIFICATE OF GRADING

THIS AWARD IS GIVEN TO

Anne Brown

for successfully making progress in the spirit of Korean and Thai Martial Arts.

Under instruction, in special training in the search for the limits of physical and mental endurance and efficiency, in the aim to find the true way of martial arts and is therefore awarded the rank of:

Green belt

As recognised by
Victory Martial Arts School



Harry Byrne

Head Coach Harry Byrne

09/07/21

Date

태권도

태권도

VICTORY MARTIAL ARTS



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Advanced Green

As recognised by
Victory Martial Arts School



Harry Byrne

Head Coach Harry Byrne

2 oct 21

Date

태권도

태권도

VICTORY MMA

Amie Brown

ELITE MEMBERSHIP

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VICTORY MARTIAL ARTS

CERTIFICATE OF GRADING

THIS AWARD IS GIVEN TO

Amie Brown

for successfully making progress in the spirit of Korean and Thai Martial Arts. Under instruction, in special training in the search for the limits of physical and mental endurance and efficiency, in the aim to find the true way of martial arts and is therefore awarded the rank of:

Adv. pride belt

As recognised by Victory Martial Arts School



Harry Byrne Head Coach Harry Byrne

11/06/22 Date

수정

태권도

VICTORY MARTIAL ARTS

CERTIFICATE OF GRADING

THIS AWARD IS GIVEN TO

Anne Brown

for successfully making progress in the spirit of Korean and Thai Martial Arts. Under instruction, in special training in the search for the limits of physical and mental endurance and efficiency, in the aim to find the true way of martial arts and is therefore awarded the rank of:

Purple belt

As recognised by Victory Martial Arts School



Harry Byrne Head Coach Harry Byrne

3/1/22 Date

수정

태권도

VICTORY MARTIAL ARTS



CERTIFICATE OF GRADING

THIS AWARD IS GIVEN TO

Anne Brown

for successfully making progress in the spirit of Korean and Thai Martial Arts.

Under instruction, in special training in the search for the limits of physical and mental endurance and efficiency, in the aim to find the true way of martial arts and is therefore awarded the rank of:

Blue Belt

As recognised by
Victory Martial Arts School



Harry Byrne

30/09/2022

Head Coach Harry Byrne

Date

태권도

태권도

VICTORY MARTIAL ARTS



CERTIFICATE OF GRADING

THIS AWARD IS GIVEN TO

Anne Brown

for successfully making progress in the spirit of Korean and Thai Martial Arts.

Under instruction, in special training in the search for the limits of physical and mental endurance and efficiency, in the aim to find the true way of martial arts and is therefore awarded the rank of:

Adv. Blue Belt

As recognised by
Victory Martial Arts School



Harry Byrne

16.03.24

Head Coach Harry Byrne

Date

태권도

태권도



KICKBOXING GRADE

Certificate



Adwoa Brown

This is to certify that the above named has made noticeable progress in the spirit of Korean & Thai Martial Arts.

Under instruction, in special training in the search for the limits of physical & mental endurance and efficiency, in the aim to find the true way of Martial Arts and is therefore awarded the rank of

Brown Belt

As recognised by
UK Black Belt Schools



Master Foran

25/06/25

Date

Congratulations

www.premierkickboxing.co.uk







Screen Credits include:

Stunt Performer:

- The Sandman (2025) performing as Death (Kirby Howell Baptiste) stunt double falling into a fountain. C/o Paul Kennington
- Dead Hot (2024) performing as 'Jess', Vivian Opara stunt double doing a chase into a stair-fall and also bumping into another lead and falling to the ground. C/o Jeff Hewitt
- Anansi Boys (TBC) performing as Mrs Noah stunt double, being mauled by a tiger, falling down backwards. C/o Marvin Campbell
- His Dark Materials (2021) performing as a Witch with wirework and tuning fork under c/o Derek Lea
- Matilda (2021) lead double for Lashanya Lynch as 'Miss Honey' performing bicycle chase with Cadillac riding donuts around me under c/o Tony Lucken
- The Power (2021) lead double for Halle Bush as 'Allie'. Performing rooftop edge fight scene and SWAT team siege under c/o Andy Bennett
- The Baby (2021) Stunt rehearsal on spinning board for knife throwing scene



SPACT Performer:

- Beekeeper 2 (TBC)- performing as armed police/receptionist in scene where the police station is attacked
- Neuromancer (TBC) playing Sensenet office worker during a heist when panic ensues after poisonous gas is released into the building
- Supergirl (TBC) performing as refugee/scavenger on desolate world running from and fighting off Lobo's men
- Avengers Doomsday (TBC) performing as only 1 of 4 Dora Milaje guards with lead cast members running to our ship and embracing for battle
- The Witcher Season 4 (2025) playing rogue Maje in big battle scene with an explosion
- Suspect: The Killing of Jean Charles De Menezes (2025)- featured as real life character Nadia Baro who was on a tube carriage with her baby in a pram next to a would-be bomber. Screaming and crying for help
- The Cleaner (2024)- SWAT team outside building during heist
- Venom 3 (2024) Military officer in the army base
- Beetlejuice (2024) Soul Train party scene
- LOTR: Rings of Power (2024)- Acolyte in sacrifice ritual scene of Brydie
- Top Boy season 5 (2024)- playing rioting resident protesting who gets dragged away by police
- The Nevers (2022) playing a 'Purist' when a fight breaks out
- The Man Who Fell to Earth (2021)- Featured character 'Heather' with lines working alongside leads and handling a side-by-side shotgun
- Witcher: Blood Origin (2021)- Raven clan warrior in battle scene
- Adidas 'Bra Revolution' campaign (2021)- Gym exercises/ dance movement
- Marvel Dr Strange: Multiverse of Madness (2021) 'Shield Bearer' in Kamar Taj major battle scene under co-ordination of Jo Mclaren
- Citadel (2021) - performing as CIA agent for helicopter action scene
- Pistol (2021)- Concert goer in mosh-pit scene under direction of Danny Boyle
- His House (2019)- performing body movement in prosthetics as a zombie refugee ghost scaring main lead.
- Been So Long 2018- dancer in takeaway starring Michaela Coel and Arinse Kene

Featured/Extra/ Other experience:

- Power Beats Fit earbuds launch (2025) Personal Trainer for Beats new earphones event motivating and taking hybrid athletes and influencers through their paces for a series of workouts in groups of 10
- Bridget Jones: MATB (2025) stand in for 'Tabitha' in birthday party scene
- The Kitchen (2024) as 'Toni', lead character 'Benjy' deceased mum.

- Nike Christmas Gifts campaign (2024) online campaign for Nike performance wear and Christmas special edition merchandise. Sprinting, skipping and bodyweight exercises
- Adidas 'Support Is Everything' campaign 2022- fitness model for their global campaign online, billboards and in stores.
- The Capture (2022)- playing a passer by
- Midwich Cuckoos (2022) playing parent of child in Midwich when the town is taken over by the children and schools is under attack
- Jura Whisky (2021) hand model for drink launch
- Pentaverate (2021) Model in sexually suggestive scene starring Mike Myers involving implied/ nudity
- The Band (2021) player friend of lead
- Ted Lasso (2020) playing a passer by
- Save Me Too (2020) playing passer by in an estate during investigation
- The Dutchess (2020) playing restaurant/ party guest
- Brave New World (2020) playing small group of people in the future who are being preserved
- RL (2020) poetry night guest
- Black Dog (2020) passerby/market goer
- Brave New World (2020) playing a 'pleasure garden' guest/attendee
- The Split 2 (2020) playing an office worker
- Rocketman- playing a Studio 54 clubber and then one of Elton's LA friends at his house party
- Giri/Haji (2019) playing one of Rodney's friends in club scene
- In The Longrun 2 (2019)- playing an estate resident
- Motherland 2 (2019) playing a club goer
- Eastenders (2019) playing wedding party guest
- Four Weddings and A Funeral (2019)- playing a wedding guest attendee
- British Airways (2019) featured walk-on for new terminal opening commercial
- John Lewis Christmas (2019) parent watching school production
- Hobbs and Shaw (2019) playing a fashion industry party guest
- Inside Man (2019) playing a Yoga class attendee
- Flack 2 (2019) playing office worker
- Zapped Series 3 (2018)- Henchwoman character for lead actress
- In The Longrun 1 (2018) playing an African wedding party guest of lead character, Idris Elba
- Life and Lyrics (2017) playing club goer
- Fashion/Commercial model